

Integrated Task 1

Sample A (141 Words)

Altruistic behaviours can be either found among human being and animals.

Most of the time when those kind of behaviours occur the “giver” doesn’t get any reward, this is the case of the sentinel meerkat, an African mammal, that ensures the survival of the other members of its group, putting itself in danger while standing guard and looking for predators.

In the human being world, an example of altruistic behaviour takes place when somebody decides to give his kidney to a relative or someone else; in that case people wonder if the sacrifice is worth it, since the benefit they would receive is “just” the appreciation and the gratefulness of the persons who receive that kind of gift.

In my opinion, being altruistic is synonym of don’t expect anything back, that is why it is hard to meet people who are

Sample B (85 Words)

Altruism is the oppsite of selfishness, that animals sacrifice their food to benefit another providing little reward to the one performing the act.

Animals like groups of meerkats, they standing guard and looking out for predators while the others hunt for food they have obtained, the sentinel meerkat sees a predator such as a hawk. Other animals create an alarm cry alerting the other meerkats to run and seek shelter.

The altruistic sentinel behavior helps ensure the survival of other members of the meerkat’s group.

Sample C (153 Words)

Altruism means give everything that you have or own for the other no matter if you will be in disadvantage or not, if it will make you lose something or not. You just think of helping and benefiting someone.

A lot of species of animals sacrifices their lives to help others. One example is some mammal do the "security" of other animals while they are hunting in order to keep and guard the other animals lives while this process, protecting them from other threats.

While they are protecting others they are putting their own life in risk for too reasons. One is because they are succetive to the enemy attack and another one is because they are not hunting to help the others, and the consequence is no food for the ones which are protecting the others.

This kind of behavior increases the group survival, and without them the group could be extinct.

Sample D (150 Words)

This text is talkig about the altruism act. It says is a type of behavior when an individual acts without gain nothing for himself.

A common human example of this altruism would be to share food with strangers or donate a body organ to family members. This is an unselfish act to be valuated but the woman in the lecture thinks that sometimes this is not a valuable act for some people.

In the case of animals he explains the meerkat. This is a mammal that acts as a sentinel, guarding and looking out

for predator while others are hunting or eating food. If he sees a predator he gives an alarm cry alerting the other meerkats. By standing guard, the sentinel gains nothing. The text explains that it goes without food and then becomes a dangerous act but the woman says the the sentinel is going with full stomach.

Sample E (99 Words)

Altruism is a type of behavior in which an animal sacrifices its own interest for that of another animal or group of animals.

We can see diferents examples of altruism in humans and other mammals.

In case of humans, we are speaking about sharing food with strangers or even the donation of body organs.

When we speak about mammals, there are many species what sacrifice food or even their live to assist other members of their group. The meerkat is a very good example of this.

The altruistic behavior helps ensure the survival of other memers of the group.

Independent Task 2

Sample A (148 Words)

In my culture it is normal that people live with their families until they get married, nowadays the marrying age increased, so it is not unusual to find that people in their late thirties are still living with their parents.

I personally believe, that for young adults leaving their families as soon as possible is very important, in order to become responsible and learn how to deal with the real world the earliest possible.

Doing that, they would be able to live more life experiences, and face up different kinds of situations, that would cause them to grow up and develop their own personalities.

I also think that travelling and getting in touch with the different cultures is extremely important, all those kind of situations will contribute to transform the vulnerable young girls and boys in the strong women and mens that one day will be parents as well.

Sample B (134 Words)

I completely sure that the best option to mature in life is be independent of parents, you can learn with the experience, people don't need their parents to the whole life because and the end of the day the parents won't be with us for the rest of our lifes.

I think specially young adults have the oppportunity to take the right choice. When young adults prefer to live with their parents they don't learn how to be adults, how to resolve problems, how to face the real life, how to communicate with others, how to be brave, and there's a lot other things.

I support to young adults who want independence from their parents, in my experiences is the best choice to face the world and go for the opportunities and grow maturely.

Sample C (242 Words)

Leaving parents house when you become a young adult could help you to became more mature sooner, comparing with young adults who grow until their older age living with parents.

As soon as you leave your parents house you must became independet, which means support yourself without anyone's help. This experience makes you grow as a person faster then the ones who lives with their parents,

because you are forced to face issues that you have never needed to go through because your parents usually solve that. Literally you are forced to leave your comfort zone.

The basic things you learn when you start to become independent is make your finances work. You learn how to pay your bills on time, save money and keep your financial life organized. You must learn that, otherwise you will go back to your parents house in a short of time.

You learn how to live alone. This doesn't mean that you don't need anyone next to you, but you learn how to do things without anyone helps or supports. Simple things such as doing laundry, cooking, grocery, cleaning the house, simple maintenances. You can not realize at the first moment but this simple things of independence makes you grow a lot as a person.

Comparing young adults who still leaves with their parents, we can conclude that young adults who are living by themselves have more life experience helping them becoming independent, mature, responsible and organized.

Sample D (226Words)

The families is the base of the society, because of that I think is important for the young adults have the support emotional and economical from their families. If the family support economical the young adult can be focus in their studies and in the future be more competitive in their carries or profesion. When the young adults have to be independent is more difficult work and study in the same time, so some young people just try to survive and pay the bills and then forget the studies. Also the emocional support is very important for everybody and that make the people more efective and possitive for their goals. The life is complicate and sometime we need the support of the our family in order to keep doing ours best in the life.

In these days the young people have the need to be independent and be freedon, but they are not ready to be an adult. Also, some young people think that to be independent is easy and is more difficult that they think. Go out of their parents house make their future more difficult.

To sum up, is better to have the support of the parents and be focus in their studies because this world is very competitive and they need to be ready for that if they want have a good life.

Sample E (258 Words)

There are young adults who prefer to belive alone as soon as possible. Other young adults prefer to stay at home with their parents a longer time. I think the best option is to leave your parent's home early, when you get your bachelor degree and you get your first job. This way is better for differents reasons. Firstly, becasuse when you leave your parents' home and you don't borrow their money, you learn that life is not so easy like you thought. You will have to earn your money and be able to spend it well, paying all your bills. You will learn that credit card is not a magical thing that can pay everything you want to. That money comes from your work, from your salary, and it can finish.

When you start living alone you have to think about a lot of differents things that you have never thought about. For example: what do I want to do with my life? Or with my carrer? Where would like to live? Which way should I go trough? So, we could say that you grow up.

And the other hand, beyond the practical issues, I think that living along gives you indepenence and freedom. A young guy or girl can enjoy life much better. You don't have to tell your parents when you leave and when you are coming back. You can do whatever you want, whenever you want. And I think this is a very nice moment in your live that every one has to enjoy.

Sample F (272 Words)

To be a young adult is a difficult period of everybody's life. You are a mix of young and adult, you are learning how to act as an adult and at the same time you don't have the enough experience.

The most common young people desire in most of the countries is to leave their parent's home as soon as possible. For example, in the USA, you can find a big amount of young adults leave their homes to go to study at the University. For me, it is so early, they are so young and immature. When they became adult, all they talk about the crazy ideas that they had and no one controlled them.

By contrast, you can find some cultures, like the Spanish, that they prefer to live next to their families for ever. You can create a nice relationship with them but at the same time you are going to be dependent on them all your life.

On the other hand, I think the independence is always related to the economy that you (or your family) have and the education that you are receiving. I am from Spain but I have always wanted to be independent and leave my parents' home as soon as possible. By law, you are allowed to do it when you are 18 years old. The problem was that I had no money to leave and if I wanted that my parents pay for my studies I had to leave with them. They educated me to be independent and realistic, so they advise me to work and save some money before I leave home.